

EN

The Municipality of Steinfort

Seniors



Commune de
Steinfort

Our contact details



Commune de
Steinfort

Municipal Administration Steinfort

4, Square Général Patton
L-8443 Steinfort

Tel.: (+352) 39 93 13 1
Fax: (+352) 39 00 15
info@steinfort.lu
steinfort.lu



#mirsistengefort
Commune de Steinfort



Opening hours:
Monday/Tuesday/
Thursday/Friday:
09:00–11:30/
14:00–16:00
Wednesday:
09:00–11:30/
closed in the
afternoon

*You can also make an
appointment outside
of the regular opening
hours.*

Emergencies

Technical emergency
Tel.: (+352) 39 93 13 55 5
Monday–Friday:
15:00–7:00
Saturday/Sunday
and public holidays:
24/24 hours

Emergency in case of death

Tel.: (+352) 39 93 13 55 4
Only on Saturday
mornings from
10:00 to 12:00

Bank account numbers of the Municipality of Steinfort

- BCEELULL–
LU96 0019 2601
0125 4000
- BGLLLULL–
LU56 0030 0902
0327 0000
- BILLULL–
LU74 0023 1320
0200 0000
- CCPLLULL–
LU87 1111 0011
0942 0000
- CCRALLULL–
LU26 0090 0000
0320 0631

Pay with Payconiq



Centre Sportif Steinfort

**Sports Centre
Steinfort**
7A, rue de Hagen
L-8421 Steinfort
Tel.: (+352) 39 93 13 40 0
Fax: (+352) 39 93 13 94 0
piscine@steinfort.lu
centresportif.steinfort.lu



École Fondamentale Steinfort

**Primary School
Steinfort**
rue de Kleinbettingen
L-8436 Steinfort
Tel.: (+352) 39 93 13 30 0
Fax: (+352) 39 93 13 93 0
primaire.steinfort@ecole.lu
schoul-stengefort.lu



Maison Relais Steinfort

Maison Relais Steinfort
7B, rue de Hagen
L-8421 Steinfort
Tel.: (+352) 39 93 13 37 0
Fax: (+352) 39 93 13 93 8
maisonrelais@steinfort.lu
maisonrelais.steinfort.lu



Seniors

Centre d'Initiative et de Gestion Local (CIGL) in Steinfort

The Centre d'Initiative et de Gestion Local (CIGL) in Steinfort is an association founded in 2000 as a result of national and municipal political will to create an employment-friendly environment.

The association has three major objectives:

1. → to promote job creation and reintegration into the labour market,
2. → to actively participate in local development,
3. → to support social inclusion.

The association offers various services aimed at fellow citizens over 60 years of age:

„Kniwwelkëscht“

This service offers fellow citizens help at home with everyday tasks, e.g. gardening, masonry work, small renovation jobs, etc.

More information:
ciglsteinfort.lu



Contact:
Tel.: (+352) 26 30 55 03
steinfort@ciglsteinfort.lu

Shopping service

Through this service, fellow citizens have the opportunity to place an order for essential goods and medicines by telephone or e-mail. In the case of medicines only available on prescription, it is important to give advance notice.

Intermunicipal Hospital Steinfort

The Intermunicipal Hospital Steinfort (Hôpital Intercommunal Steinfort - HIS) is an institution with the status of an intermunicipal syndicate combining various departments:

The departments of the HIS

Day Centre Psycho-geriatric Clinic (CPG)

The specialised Day Centre accepts older people over 60 years of age who need help (or care) in daily life and wish to continue living at home. Based on their abilities, their wishes and their life history, the elderly people determine their care project together with the interdisciplinary team.

To stimulate the seniors throughout the day and to arouse their interest, various activities, individually or in groups, are offered, such as sitting dance, reminiscence workshop, cognitive workshop, cooking, handicrafts, crochet, knitting, conversation group, "sports debate", walk, outing, etc. The Day Centre is a sociable place where all those present enjoy coming together and sharing memories, experiences, and feelings.

In addition, various local partnerships have been developed with the preschool education in Steinfort for an intergenerational project, with the CIGL and the primary school in Steinfort for the meetings in the solidarity garden, with the association "Aktikulti" in Steinfort, etc.

Day clinic

The day clinic offers outpatient, interdisciplinary treatment for patients over 65 years of age. The facility offers preventive, diagnostic and curative measures to improve the patient's quality of life and keep them in their home environment.

Care home

The nursing home accepts persons in need of care with or without cognitive impairments. In comfortable living quarters, it offers professional and interdisciplinary care as well as modern and adapted equipment.

The person's care is based on an individual assistance and care concept, which is worked out on the basis of each individual's needs, abilities, and life history.

Geriatric department for functional rehabilitation

The geriatric rehabilitation department provides rehabilitation services for patients over 65 who have suffered an injury that affects their functional independence. Geriatric rehabilitation at the Steinfort Rehabilitation Centre aims to maintain and regain the person's autonomy through personalised rehabilitation programmes that are reviewed weekly by an interdisciplinary team.

HIS services for the public

Medical and therapeutic centre

The medical and therapeutic centre currently includes a department for physiotherapy and osteopathy as well as a department for nutritional counselling and speech therapy. The whole is framed by a general medical practice. Appointments can be made either directly with the doctors and therapists or via the hospital secretariat.

Contact:

Tel.: (+352) 39 94 91 1

Medical consultations by the CHL practice centre

As part of the project to decentralise specialist medicine, the CHL offers various consultation hours at the Intermunicipal Hospital Steinfort (including angiology, general surgery, dermatology, endocrinology, gastroenterology / digestive endoscopy, gynaecology - obstetrics, haematology / haemato-oncology / cancer medicine, orthopaedics, general paediatrics, etc.)

Contact:

**Tel.: (+352) 44 11 44 50
sec.praxiszentrum@chl.lu**

Meals on wheels

The Intermunicipal Hospital Steinfort offers all elderly people over 60 years of age who have difficulties preparing their own meals the possibility to have a hot meal delivered to their home.

This service is offered daily and all year round at a price of €13.5/meal.

Registration for this service is done through the Intermunicipal Hospital Steinfort.

Contact:

**Tel.: (+352) 39 94 91 1
repas-sur-roues@his.lu**

More information:

his.lu



See map of the municipality

Housing for older people

The Municipality of Steinfort has converted the former Collart house at 10 and 12 rue de l'Hôpital (opposite the Intermunicipal Hospital Steinfort) into 15 flats that meet the special needs of elderly people. These flats range in size from 54 to 85 m² and are specially equipped to facilitate care and cleaning. The minimum age for these flats is 65 years.

Contact:

**Tel.: (+352) 39 93 13 1
info@steinfort.lu**

Proxibus

The Proxibus is a mobility service of the municipalities of Garnich, Koerich and Steinfort. It operates Monday to Friday from 7:00 am to 7:00 pm and Saturdays from 9:00 am to 7:00 pm within the territory of the three municipalities and also takes you to one of the fixed stops outside the three municipalities.

A single ticket costs €2,- (€1,- for children aged 13 to 17; children aged 0 to 12 travel free of charge). Children must be accompanied by an adult.

Transport of prams and wheelchairs is possible.

Reservations must be made 24 hours in advance.

More information:
steinfort.lu



Contact:
Tel.: (+352) 80 02 72 00

Assistance and care services

Care services are professional services that provide a range of services in the patient's home.

Home care services include services at the level:

- of assistance and care in the areas of basic life activities (help with personal hygiene, discharge, nutrition, clothing, mobility),
- of other activities such as specialised individual or group activities, individual care at home, group care in a day

centre, night care, training for family carers, training related to the use of technical aids or activities to help with household management.

Home nursing includes measures taken by nurses, e.g. injections, blood sampling, infusions, wound treatment, bandages, plasters, insertion of probes, blood pressure control, administration of medication or blood sugar control.

More information:
luxsenior.lu



Contact:
Tel.: (+352) 24 78 60 00

Luxsenior website of the Ministry of Family Affairs, Integration, and the Greater Region

The Luxsenior website is primarily aimed at older people, their relatives and families as well as professionals. It provides information about offers and services for older people, age-related topics, current events and volunteering.

More information:
luxsenior.lu



Contact:
Tel.: (+352) 24 78 60 00

Téléalarme

The „Télé-Alarme“ (remote alarm) is an on-call service for calls and communication of assistance and emergency aid, operating 24 hours a day, every day of the year.

The service provides its customers with an alarm transmitter in various forms. For example, pressing a button or pulling a cord triggers an alarm, which is forwarded to the switchboard via the customer's telephone. This switchboard, which is always manned, responds to the request for help and the service worker takes the necessary steps: call a doctor, a help and care network, a neighbour, or a family member.

Contact:
Tel.: (+352) 24 78 60 00

Subsidy towards the cost of using sanitary diapers

A municipal subsidy for the use of sanitary diapers is granted to any applicant suffering from a medically certified impairment or loss of control of the sphincter apparatus of the anus or urinary tract (incontinence).

Caution! The application must be renewed annually.

More information:
steinfort.lu



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More brochures:

- The municipality introduces itself
- Administrative procedures
- Urbanism
- Children and adolescents
- Seniors
- Social work and health care
- Environment
- Mobility
- Culture/Leisure/Club life/ Sports/Tourism

To ensure that the information in this brochure is up to date, you will find links to various websites under some of the topics.

However, you can always contact the reception of the Steinfort Municipality at (+352) 39 93 13 1 (or the number given under the respective topic) for more information.

If necessary, we will print the information/documents you need.

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Public Relations & Equal Opportunities Units of the Municipality of Steinfort

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101

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Supported by:



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de la Famille, de l'Intégration
et à la Grande Région

Département de l'intégration